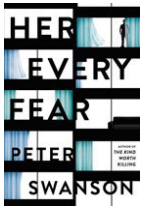


NEW at the Pendleton Community Public Library

Fiction



Her Every Fear

By Peter Swanson

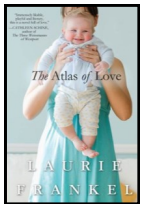
Kate Priddy was always a bit neurotic, experiencing momentary bouts of anxiety that exploded into full blown panic attacks after an ex-boyfriend kidnapped her and nearly ended her life. When Corbin, a distant cousin in Boston, suggests the two temporarily swap apartments, Kate, an art student in London, agrees, hoping that time away in a new place will help her overcome the wreckage of her life. But soon after her arrival at Corbin's apartment, Kate makes a shocking discovery: his next-door neighbor has been murdered.



The Rising

By Heather Graham and Jon Land

Alex Chin has the world on a plate. A football hero and homecoming king with plenty of scholarship offers, his future looks bright. His tutor, Samantha Dixon, is preparing to graduate high school at the top of her class. When a football accident lands Alex in the hospital, his world is turned upside down. His doctor is murdered. Then, his parents. Now whoever is doing this is after him. Alex and Samantha flee, trying desperately to stay ahead of Alex's attackers long enough to figure out why they are hunting him in the first place.



The Atlas of Love

By Laurie Frankel

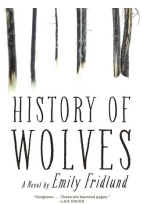
When Jill becomes both pregnant and single at the end of one spring semester, she and her two closest friends plunge into an experiment in tri-parenting, tri-schooling, and tri-habitation as grad students in Seattle. Naturally, everything goes wrong, but in ways no one sees coming. Three lives are forever changed by (un)cooperative parenting, literature, and a tiny baby named Atlas who upends and uplifts their entire world. Frankel's unforgettable heroines prove that home is simply where the love is.



The Fire by Night

By Teresa Messineo

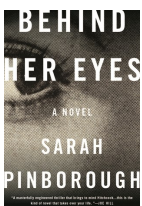
Enemy bombs have destroyed her hospital convoy, and now Jo McMahon singlehandedly struggles to keep her patients and herself alive in a freezing tent close to German troops. She fights to hold on to the memories she shared with her best friend, Kay, whom she met in nursing school. Half a world away in the Pacific, Kay is trapped in a squalid Japanese POW camp in Manila. Surrounded by cruelty and death, Kay battles to maintain her sanity and save lives as best she can . . . and live to see her beloved friend Jo once more.



History of Wolves

By Emily Fridlund

Linda lives with her parents in abandoned commune cabins in Northern Minnesota. The kids at school call her 'Freak' or 'Commie'. Her understanding of the world comes from her observations at school and from watching the seemingly ordinary family she babysits for. But ordinary turns out to be much more complicated. As Linda insinuates her way into the family's orbit, she realizes they are hiding something. If she tells the truth, she will lose the family life she is beginning to enjoy with them; but if she doesn't, their son may die.



Behind Her Eyes

By Sarah Pinborough

Louise is a single mom on a rare night out. She meets a man in a bar and sparks fly. Though he leaves after they kiss, she's thrilled she finally connected with someone. When Louise arrives at work on Monday, she meets her new boss, David. The man from the bar. The very married man from the bar...who says the kiss was a terrible mistake, but who still can't keep his eyes off Louise. And then Louise bumps into Adele, who's new to town and in need of a friend. But she also just happens to be married to David. And if you think you know where this story is going, think again.

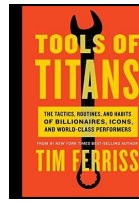
Non-Fiction



A Really Good Day: How Microdosing Made a Mega Difference in My Mood, My Marriage, and My Life

By Ayelet Waldman

When a small vial arrives in her mailbox, Ayelet Waldman is at a low point. Her mood storms have become intolerably severe; she has tried nearly every medication possible; her family is suffering. So she opens the vial, places two drops on her tongue, and joins the ranks of an underground but increasingly vocal group of scientists and civilians successfully using therapeutic microdoses of LSD.



Tools of Titans: The Tactics, Routines, and Habits of Billionaires, Icons and World-Class Performers

By Tim Ferriss

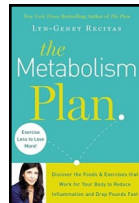
For the last two years, Tim Ferriss has interviewed more than 200 world-class performers, ranging from super celebs to professional athletes to legendary Special Operations commanders. Delve into the dozens of personal health, wisdom and wealth strategies and philosophies Tim has picked up from his guests.



Nicotine

By Gregor Hens

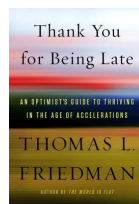
Written with the passion of an obsessive, *Nicotine* addresses a lifelong addiction, from the thrill of the first drag to the perennial last cigarette. Reflecting on his experiences as a smoker from a young age, Gregor Hens investigates the irreversible effects of nicotine on thought and patterns of behavior. With comic insight and meticulous precision, Hens deconstructs every facet of dependency, offering an analysis of addiction. Cigarettes are sometimes a solace, sometimes a weakness, but always a witness and companion.



The Metabolism Plan: Discover the Foods and Exercises That Work for Your Body to Reduce Inflammation and Drop Pounds Fast

By Lyn-Genet Recitas

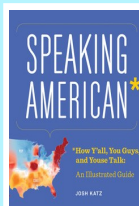
Create a customized diet and exercise plan to boost metabolism and burn more fat. Discover why exercising less can help you lose more weight; why "healthy" foods like oatmeal and salmon may be packing on the pounds, but French fries may not; and how to optimize thyroid function. Featuring all-new recipes backed by science, *The Metabolism Plan* is primed to revolutionize the diet shelf.



Thank You For Being Late: Finding a Job, Running a Country, and Keeping Your Head in an Age of Accelerations

By Thomas L. Friedman

Thomas L. Friedman shows that we have entered an age of dizzying acceleration--and explains how to live in it. Nations and individuals must learn to be fast (innovative and quick to adapt), fair (prepared to help the casualties of change), and slow (adept at shutting out the noise and accessing their deepest values). *Thank You for Being Late* establishes a blueprint for how to think about our times.



Speaking American* *How Y'all, Youse, and You Guys Talk: A Visual Guide

By Josh Katz

Did you know that your answers to just a handful of questions can predict the zip code of where you grew up? In 2013 Josh Katz accumulated and visually mapped over 350,000 unique survey responses to questions about word choice and pronunciation throughout America. His dialect quiz quickly became the most viewed webpage in the history of the New York Times. In *Speaking American*, Katz offers a visual atlas of the American vernacular—who says what, and where they say it—revealing the history of our nation, our regions, and our language.



Staff-Pick
Corner



January 2017